

SUNDAYSCHOOL

FaithCity AOG

Lesson 7 -Heroes

12-14 Years:

Opening prayer: To welcome students to class and introduce the theme. Keep the prayer simple and easy for the students to learn so that it can be said as a group prayer rather than one that the leader says.

For example: "Dear God. We thank you for the chance to meet once again in your presence. Help us to learn more about your work and to understand how we can follow in your footsteps. Amen"

Bible Reading: Today's bible reading is the story of David and Goliath. In the bible this is found in 1 Samuel, 17. This is rather a long passage for a Sunday school class so either use a non-bible version of the story, or choose specific sections.

Suggested sections: 1 Samuel 17: 4-11, 1 Samuel 17: 32-40 and 1 Samuel 17: 45-50

Discussion 1: Faith in God gave David the confidence to know that he could kill Goliath. How can our faith help us to cope with situations that seem impossible or scary?

Activity 1: You are standing next to David when he talks to Saul. Write down what you see and hear.

Discussion 2: For example: "Dear God, Thank you for the many heroes in our world who keep us safe. Thank you also for your son, Jesus Christ, a hero who never leaves me. Amen."

David was an unlikely hero, but what is a hero? Who is their hero - go around the class and ask each child to name their hero. Some people become heroes because of the job they do - such as those in the emergency services, or the military. Does the class think that say, firemen, consider themselves heroes? A hero will put others above himself, even the life of another before his own - Jesus died on the cross to save us, does that make him a hero?

Activity 2: Have each student decide what kind of superhero they would want to be - this is not an existing superhero but one they invent. Although there can be discussion about how they would dress etc, the main object is to find out what their mission would be - who would they save, and why.

Closing Prayer: Thanking God for Jesus our hero, and for the everyday heroes who make our world a safer place. **For example:** "Dear God, thank you for your son Jesus Christ, a hero who died to save us. Thank you also for the everyday heroes, the policemen, the firemen, our military personnel, and other people who risk their lives every day to make our world a better place. Amen.

